



The Daily Gremlin



Newsletter of the Fifth Cadet Training Group
and the 2003 Minnesota Wing Encampment

ISSUE 1: SUNDAY, 06 JULY 03

Yesterday in Review

Yesterday between noon and 1:30, cadets began arriving at Volk Field, beginning their weeklong journey of encampment. After being rushed through in-processing to be sure that no cadets have any contraband or unnecessary currency, they were assigned to rooms and quickly taken out to the drill field to begin training.

Cadets were quickly introduced to their new environment and the level of intensity that can be expected for the rest of the week. After the official welcome from Major Kilian, Commander, Major Mandel, Commandant, and C/Major Sobolewski, CTG Commander, they had their first meal in the Volk Field Dining Facility. Later they were marched to the PT Field for evening formation—the first of many to come.



C/Lt. McKeen gives cadets their first taste of CTG drill.

Yesterday was a loud and clear wakeup call to all the basic cadets about the realities of encampment. Everyone realized that this will be no easy ride; it will be busy, intense and stressful, but it will also be educational and full of important training. After a good night's sleep, cadets be prepared to tackle the first full day of training.

- C/1st Lt. Andrew Atkins, Editor in Chief



Major Kilian welcomes the cadet body to encampment.

QUOTES

“Teamwork is crucial. I want to see more of it in the future.”

-10th CTS 1st Sgt. Anderson

“Without self-discipline and a strong attitude your flight will only remain a group of individuals.”

-CTG Commander Sobolewski

“This week will be a tough challenge.”

-Alex Hennan, Echo Flight

“It was pretty harsh. It was very hot and my feet hurt. But it has been a good experience so far.”

-John Bates/Quenton Smith, Delta Flight

“It’s definitely going to be a new experience.”

-Nathan Bosusta, Echo Flight

Today's Scheduled Events

Moral Leadership
Flight Training

Cadet Programs
Flight Inspection



Our home away from home...Volk Field

Medical Minute

Throughout the encampment the key to maintaining good health is *Preventive Medicine*. This type of treatment involves making responsible choices about your health before a problem develops. Some points to remember this week:

1. Take care of your feet.

Reddened "sore spots" are areas where footwear rubs against your feet. Without treatment, these can eventually become a breeding ground for blisters and make walking extremely uncomfortable.

2. Beat the heat.

High-temperatures for almost any duration put excessive stress in the body's cooling mechanisms. Guard against dehydration by drinking plenty of fluids. If you begin to feel thirsty, you are already dehydrated. When able, perform activities in shady, cool areas and avoid physically strenuous exercises in high-heat areas. Keep a keen eye on your colleagues. White "salt" blotches on uniforms are clearly visible and indicate a potentially serious condition. If found, report these conditions immediately!

2. Input = Output.

The encampment is designed to be a high-energy environment. To maintain stamina without sacrificing health be sure to eat sufficient, balanced meals. Another trait to remember: *Hard workers sleep soundly*. A solid night's rest is an essential factor in maintaining good health.

The Daily Gremlin is the official daily newsletter of the Fifth Cadet Training Group and the Minnesota Wing Cadet Encampment. The Internet version of this publication is an official Internet operation in accordance with CAPR 110-1. It is published daily from 05-13 July 2003 from offices at Volk Field ANGB.

Maj Doug Kilian: 2003 MNWG Encampment Commander
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New Location for MNWG Encampment

The Fifth Cadet Training Group is having to endure many changes for this year's encampment. Among them is the new location, which as most cadets should know by now, is Volk Field, WI. This is a radical change from Grand Forks, North Dakota, about eight hours in the opposite direction. The travel time for most cadets was less, and rather than the entire group being in one building, the flights each get their own barracks. There are disadvantages and advantages to each location, but Civil Air Patrol encampments will adapt, overcome and excel to any new environment and situation.

One interesting feature of Volk Field is the impressive array of aircraft and artillery around our barracks. Among the arsenal is an A-10 Thunderbolt, an F-4 Phantom and a Huey.



One of many aircraft on display, an A-10

The air conditioning and extra space is excellent, but the main drawback is the great expanse of the facilities. It is about a ten-minute march to chow three times a day, but that is not a problem; more marching practice is always good. We are also sharing the facilities with Wisconsin Wing, making for an interesting experience and seeing some new faces, but

again, there is no problem there, we are more